

Nurse Practitioner — Bright & Well (Halifax, NS)

Part-Time (2 days/week, with room to grow)

Under the supervision of Medical Doctor, Dr. Roxanne Ouellet

At Bright & Well, our approach is simple: personalized care, strong clinical oversight and an environment that feels organized, calm and genuinely supportive.

We currently offer integrative services including IV therapy, functional health consultations & testing, microneedling, acupuncture, and medical-grade skincare guidance. We are now expanding with a structured Bioidentical Hormone Replacement Therapy (BHRT) program and are looking for the right Nurse Practitioner to join us.

The Opportunity

Bright & Well is seeking a part-time Nurse Practitioner (2 days/week) with the potential to expand as our BHRT program grows.

You'll work under the remote supervision of Medical Doctor, Dr. Roxanne Ouellet, who will review charts with you and collaborate on treatment plans as needed. BHRT training can be completed after hiring, with Bright & Well supporting the cost and process.

Key Responsibilities

- Conduct BHRT consultations, assessments & follow-up visits.
- Review labs, prepare charts, and develop treatment plans for MD oversight.
- Maintain accurate, confidential documentation in our EMR (Noterro).
- Communicate with patients clearly and professionally, including follow-up emails.
- Prescribe medications and order diagnostics as appropriate within scope.
- Educate patients on hormone health and preventive care.
- Collaborate with Dr. Ouellet for chart review and case discussions.
- Help build structured workflows as the program grows (future RN-led follow-ups).

Working Conditions

- Part-time: 2 days per week (specific days TBD).
- Opportunity to expand as BHRT grows
- No weekends or holidays.
- Onsite at Bright & Well, Halifax, NS.
- Competitive per-patient compensation, including chart preparation and patient communication time.
- Fully supported by strong admin systems
- Calm, professional environment with clear boundaries and expectations

Qualifications

- Licensed Nurse Practitioner (Nova Scotia) in good standing.
- Successful completion of a Bachelor's degree in Nursing and a Master's degree in Practical Nursing.
- Successful completion of the Canadian Nurse Practitioner Examination.
- Strong clinical judgment and comfort working with MD supervision.
- Excellent documentation and communication skills.
- Proficiency with EMRs and digital workflows.
- Professional, calm presence with a patient-centered approach.
- Interest in hormone health, longevity medicine and preventative care
- Completion of a Bioidentical Hormone Replacement Therapy (BHRT) training program is required prior to starting. Bright & Well will support the successful candidate in completing this training.

You Will Thrive Here If

- You prefer clear systems, organized days and patients who respect structure and follow-through
- You're direct, calm and clear- the kind of practitioner who makes things make sense.
- You value having an MD to review charts with, a team that supports you and a clinic that prioritizes thoughtful decision making
- Our patient base is motivated, engaged and ready to do the work. If you're used to environments where you are putting out fires- this will feel refreshing.
- You are curious, open and excited to build something thoughtful alongside a team that values high standards.

If this sounds like the kind of environment you want to practice in, we'd love to meet you. Bright & Well is growing with intention and we're looking for the right NP to grow with us.